

The schedule for the White Tara Practice in our european centers regarding the accumulation of the White Tara Mantras for the long life and health of H.E. Garchen Rinpoche :

**Every Sunday:**

**10:00** CET Drikung Garchen Institut e.V. in Munich. Tibetan and German. Online via ZOOM ID: 737 3762 3305 / Passwort: Tara21?

**Every Monday:**

**07:00** CET Drikung Kagyu Ratna Shri in Moscow. Online on Facebook page

<https://facebook.com/garchen.ru>. Mostly in Russian

**19:00** CET Drikung Garchen Ratna Dwadza Nä in Sant Feliu de Guíxols, Spain. In spanish. Online via Skype, see below \*)

**Every Tuesday:**

**19:00** CET Milarepa Retreat Center in Schneverdingen. Online via

ZOOM ID: 867 5597 9130 / Password: Milarepa

**Every Wednesday:**

**18:00** CET Garchen Ratnashri Ukraine in Kiev. In Ukrainian. Online via

ZOOM ID: 814 0974 7947 / Password: 880431

**Every Thursday:**

**18:30** CET Drikung Samten Choling in Warsaw. In Polish. Online via ZOOM ID: 812 5053 7160 / Password: GarchenPL / (except on 24.12.)

**19:00** CET Garchen Chöding Center in Vienna. Tibetan and German. Online via ZOOM ID: 820 7917 5437 / Password: Vienna / (except on 24.12. and 31.12. )

**19:00** CET Drikung Garchen Ratna Dwadza Nä in Sant Feliu de Guíxols, Spain. In Spanish. Online via Skype, see below \*)

**Every Friday:**

**19:00** CET Drikung Garchen Ratna Dwadza Nä in Sant Feliu de Guíxols, Spain. In spanish. Online via Skype, see below \*)

**Every Saturday:**

**09:00** CET Gar Jampa Ling in Israel. In Hebrew. Online via

ZOOM ID 506 854 2414/ Password: rinpoche.

**13:00** CET Ratnashri Meditation Center in Sweden. Tibetan and English. Online via Skype-link: <https://join.skype.com/l3ohzvx8fra3>

\*) To join spanish sangha, you only need to download the Skype App, and login with an email. Once this is done, you can join directly to the White Tara Spanish Group through this link: <https://join.skype.com/koDXB9vrgR2A>

Please, send the number of accumulated mantras to [info@garchen.de](mailto:info@garchen.de)